

The Actuarial Profession making financial sense of the future

What does your communication style say about you?

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Types of Communication

	When learnt	Used	Taught
Listening	1st	Most 45%	Least (if at all)
Speaking	2nd	Next most 30%	A little when young
Reading	3rd	Third 16%	Quite a lot
Writing	4th	Fourth 9%	A lot



How do people listen to what we say?

What we say – words 7%

How we say it – tone 38%

Non-verbals – body language 55%



"We cannot not communicate"

"The meaning of the communication is the response it produces"







What does your communication style say about you?



Preferred Communication Styles[©]

- This is a self-assessment tool that quickly determines your preferred or natural style of communication.
- It helps you to understand how other styles differ from your own, giving you useful information to help improve communication with people whose natural style differs from yours.

Understand your own style:

- In each of the 4 boxes on your sheet there are 20 adjectives. Put a tick against all of the adjectives that apply to you.
- There are no right or wrong answers and you should tick as many, or as few, as apply – there is no 'correct' total number of ticks.
- When considering whether the adjectives apply to you or not think of 'how you are' in your work situation.



'Director' style

Strengths

- □ Fast-paced, quick thinking
- Focused on actions and results
- □ Take responsibility
- Does what's necessary to succeed
- Easy to know where they stand
- Quick decision-makers
- Natural leaders
- □ Superior negotiators
- High levels of integrity
- □ Visionary, 'big-picture' people
- Highly creative

Liabilities

- Impatient with slower workers
- Poor listeners
- □ Bottom-line focus cuts people off
- 'Lone rangers'
- Difficulty trusting others with work
- Can be judgemental
- Need to be in control causes frustration
- Tendency to dominate others
- Relationships with Director-types can be stressful

Director



'Presenter' style

Strengths

- Communicates easily
- Motivates others
- Very intuitive; empathetic with people
- Know how to have fun
- □ Always 'up' energetic
- Idea factories
- □ Enjoys/prefers new projects
- □ Promoting is a gift
- □ Thrives socially: open to others
- □ Flexible

Liabilities

- □ May over-promise, under-deliver
- Poor operational follow-through
- □ May not always be taken seriously
- Would rather talk than listen
- Don't like solving problems
- Get bored easily
- Like to be appreciated
- May try to dominate team meetings
- Do not manage time well

Presenter



'Mediator' style

Strengths

- □ The 'glue' in a team
- Very good listener
- Very creative lots of ideas
- Interaction style is subtle, gentle, indirect and inclusive
- □ The 'champion' of others
- Loved by others
- Open and honest
- Encourages others through appreciation
- Good sense of humour

Liabilities

- More focused on people than business issues
- □ Reluctant to solve people problems
- Can see both sides of an issue, so decisions may not come easily
- Do not like risk-taking or surprises
- □ May sacrifice progress for harmony
- □ Prefers routine over spontaneity
- Overly-sensitive to criticism
- May avoid centre-stage



'Strategist' style

Strengths

- Confident if the facts are known
- □ Very thorough, fair and unbiased
- Careful decision-makers
- Like people, but not large groups
- □ Like to give advice
- Clear communicators
- Will take calculated risks
- Enjoy structure
- Like to think things through
- Good follow-up and follow-through
- □ Take others' input seriously

Liabilities

- □ Difficult to stop pursuing perfection
- Tend to be critical
- Over-focus on task-oriented things
- □ Worry a lot; fearful of mistakes
- Difficulty in making timely decisions
- Will take risks after knowing all facts
- Avoid making changes
- Can appear detached from situations
- □ Slow to embrace new/change
- Leisure has to have a purpose

Strategist



Commonalities between styles





How the styles receive feedback

- Objectively rather than subjectively
- As an opportunity to get to the result
- Is likely to take immediate action
- Will see it as related to business, not personal
 - **Director**

- Finds it difficult to receive negative feedback – mix with some positive
- May appear aloof to lighten the impact
- May take it personally

Presenter

Strategist

- Finds it difficult to take criticism expects positive feedback
- May challenge or question feedback
- Needs stats and specifics to understand the feedback

- Accepting of any feedback
- Will take it to heart
- Will see all sides
- May find it difficult to receive positive feedback



How the styles make decisions

- Quickly
- Based on facts
- Refer to the bottom line to help make decision
- Delegates any details

Director

- Considers the impact on other people
- Intuitive decision maker
- Gets others excited and takes them with them

Presenter

Strategist

- Needs data, details, facts, figures and logic
- The need for all the facts may slow the decision making process

- By consensus
- Can see things from others' perspectives which may slow the decision making process



How the styles work as members of a team

- Keeps the team moving towards the goal
- Focuses on action
- Focuses on bottom line and profit

- Facilitator, motivator and networker
- · Creates an atmosphere of 'fun'
- Energises the team
- May show lack of follow through

Director

Presenter

Strategist

- Provides the data to support decisions
- Finds change difficult
- Need for perfection can cause frustrations in others
- Very thorough

- Good listener, sensitive
- Peace maker
- Will lead if asked to
- May be overpowered or overshadowed by Directors and Presenters



How the styles approach meetings

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 Prepares an agenda in advance Will set the tone Time-focused Director	 Creates an agenda at the meeting Very active May do a lot of work outside the meeting to talk with others and gain their agreement Presenter
Strategist • Will come fully (or over) prepared • May take the lead with lots of data • May be rigid in opinion as a result of research and data	 Mediator Inclusive - will get others' views Will perform the introductions Listens to others Asks questions
	Active

How the styles like to be acknowledged

 In public For results and the impact on bottom line Money 	 In public – with fireworks Anytime, anywhere (and as often as possible) Flattery
Director	Presenter
Strategist In private Given by someone they respect With specific examples 	 Mediator In private With respect and honesty Mention and praise others who have contributed

