

# PROJECTIONS OF EXPENDITURE FOR PUBLIC HOSPITALS IN IRELAND, 2018–2035, BASED ON THE HIPPOCRATES MODEL

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# HIPPOCRATES MODEL – DIAGRAMMATIC REPRESENTATION



#### WHAT DRIVES HEALTHCARE EXPENDITURE?



# DRIVERS OF HEALTHCARE EXPENDITURE

#### Demographic

- Population size
- Population age structure
- Relationship of health to ageing
- Non-Demographic
  - Income
  - Relative prices
  - Technology
  - Policy



# POPULATION GROWTH AND AGEING

- Demand for healthcare depends on number of people in need of care:
  - Size of population
  - Health status of the population
    - Linked to age and sex structure
  - Older individuals, particularly, often require more care
  - Age and sex-related expenditure curves

# POPULATION GROWTH AND AGEING

Gross public acute hospital expenditure in Ireland, 2018



# BACKGROUND

- Ireland's demographic context is unusual in the EU
  - Experienced more rapid population growth (31% vs. 6% in EU between 1996 & 2016)
  - Younger demographic structure (e.g. 13% aged 65+ vs. 19% in EU in 2016)
- However the population is ageing
  - Between 1996-2016: 64% increase in pop. aged 80+
  - And continued ageing expected over the projection horizon

# DEMOGRAPHIC MODELLING - APPROACH

Cohort-component model (in-house model)

- Combine assumptions around fertility, mortality, and migration to generate population projections by sex and single year of age for each year
- Migration is the key driver of total population change in Ireland
  - Migration flows are very sensitive to economic conditions
  - Covid-adjusted

#### KEY ASSUMPTIONS UNDERPINNING DEMOGRAPHIC SCENARIOS

	Central Scenario	High Population Scenario	Low Population Scenario
Mortality			
Life expectancy at birth to increase from 79.5 (83.4) years for males (females) to:	83.5 (86.5) years for males (females) in 2035	83.8 (86.7) years for males (females) in 2035	83.2 (86.2) years for males (females) in 2035
Migration			
Net immigration:	<ul><li>≈ +5,000 p.a. until 2022;</li><li>+10,000 p.a. over long term</li></ul>	≈ +17,000 p.a. until 2022; +25,000 p.a. over long term	<ul><li>≈ -3,000 p.a. until 2022;</li><li>+5,000 p.a. over long term</li></ul>
Fertility			
Total fertility rate:	Unchanged at 1.72	Rises to 1.96 by 2026 and remains constant thereafter	Declines to 1.6 by 2035

# SUMMARY OF DEMOGRAPHIC SCENARIOS

- Pop. to increase from 4.9m in 2018 to between 5.2m and 5.8m in 2035
  - Increase of between 0.4% to 1% on average p.a.
  - Migration is key driver of differences in scenarios
- The number of older persons is set to increase
  - Population aged 65+: 1 in 7 now. By 2035: 1 in 5

# HEALTHY AGEING



Expansion of Morbidity – Additional years spent in bad health

Dynamic Equilibrium – Number of years in bad health remains fixed

Compression of Morbidity– Number of years in bad health reduces Pessimistic

Optimistic

Moderate Healthy Ageing – between Expansion of Morbidity and Dynamic Equilibrium

# NON-DEMOGRAPHIC - BAUMOL'S COST DISEASE

- HCE prices tend to outstrip other prices why?
- Productivity differentials between sectors matter (Baumol)



- Ireland's apparent high HCE driven by prices (Wren & Fitzpatrick, 2020)
- Pay costs linked to government sector earnings tied to wages in the wider economy as we recover from COVID

# PAY AND NON-PAY GROWTH

- Use COSMO to develop a *Recovery* and *Delayed Recovery* Scenarios
- Pay costs in line with projected government sector earnings
  - *Recovery* 2.5% p.a.
  - Delayed Recovery 2.2% p.a.
- Non-pay (non-drug) costs in line with projected inflation rates
  - *Recovery* 1.6% p.a.
  - Delayed Recovery 1.4% p.a.

# COST - TECHNOLOGY

- We explicitly model a technological effect through channelling its impact on projected hospital drug costs (Charlesworth et al, 2018)
- Delivery of new innovative, technologically-advanced, drugs will impact hospital costs disproportionately (e.g. cancer care)

			Acute Expe	enditure ('000)			Unit Cost		
					2015-2018		2015-2018		2015-2018
						Average	Average		
	2015	2016	2017	2018	Percentage	annual	annual		
					change	percentage	percentage		
						change	change		
Drugs and medicines	297,883	324,463	335,545	357,070	19.9	6.2	5.2		
Other non-pay	980,132	1,001,187	1,063,598	1,109,119	13.2	4.2	3.2		

Source: HPO Specialty costing

# PROJECTION SCENARIOS

	Low pressure	Central	High pressure
Demand assumptions			
Population growth and ageing	Low	Central	Central
Healthy ageing	Dynamic equilibrium	Moderate healthy ageing	None
Cost assumptions			
Pay	COMSO Delayed Recovery	COSMO Recovery –	COSMO Recovery (+ 1 pct point) –
	2.2% p.a.	2.5% p.a.	3.5% p.a.
Non-pay			
Drug cost	4.2% increase p.a.	5.2% increase p.a.	6.2% increase p.a.
Other	COSMO Delayed Recovery –	COSMO Recovery –	COSMO Recovery –
	inflation + 0.5 pct point p.a.	inflation + 1 pct point p.a.	inflation + 1 pct point p.a.

#### WHAT ABOUT POLICY CONSIDERATIONS?



# MODELS OF CARE

Key recommendation of Sláintecare is to shift care out of hospitals through better primary care delivery

If primary care improves what impact on hospital demand?

- Not exactly clear! (Kaestner & Lasso, 2015; Nolan, 2011; Ma & Nolan, 2016; Walsh et al, 2019)
- However, internationally, better primary care is associated with fewer avoidable hospitalisations (Gibson et al. 2013; Rosano et al. 2013; van Leonen, 2014)

# AVOIDABLE HOSPITALISATIONS

- Conditions for which good primary/community care can prevent the need for hospitalisations
  - Vaccine-preventable influenza and pneumonia
  - Urinary tract infections
  - COPD
- We can reduce rates of avoidable hospitalisation under assumed improvements in primary care

# POLICY- AVOIDABLE HOSPITALISATIONS



#### In 2018 accounted for

- 70% of all complexity-weighted <u>avoidable</u> discharges
- 612,176 bed days
- €292m excluding emergency department cost

# PROGRESS SCENARIO

Assumption	Outpatient	Emergency Dept.	Day patient and in-patient
Waiting list management	Backlog clearance from 2021– 2025. Additional recurring activity to sustain lower waiting times.	N.A.	Backlog clearance from 2021– 2025. Additional recurring activity to sustain lower waiting times.
Avoidable hospitalisations	N.A.	Linearly reduce ED attendances in line with in-patient avoidable hospitalisations each year.	Linearly reduce rate of avoidable hospitalisations each year, converging to 33% reduction by 2035.

#### **FINDINGS**

BASELINE EXPENDITURE, 2018





# UNIT COST BY COMPONENT



- The proportion of the unit cost related to each component varies across services
- Across all services pay is the single largest component of care costs
- For day-patients drugs account for approximately a quarter of the cost of care delivery

# BASELINE EXPENDITURE 2018

#### Outpatients (excl. mat)





#### FINDINGS

PROJECTIONS 2018-2035



# PROJECTIONS OF EXPENDITURE, 2018-2035

		Projected I	HCE growth (%)	2018–2035
		Low	Central	High
Emergency department	Real	12	17	19
	Nominal	62	78	109

Outpatient department	Real 12		16	18
	Nominal	63	78	108
Day patients	Real	21	27	31

Day patients	itear		21	51
	Nominal	92	119	161

In-patients	Real	25	33	38
	Nominal	86	109	150

Psychiatric In-patients	Real	16	19	25
	Nominal	69	81	120

# PROJECTIONS OF EXPENDITURE, 2018-2035

		Projected HCE growth 2018–2035 (%)		Projected I (ave	HCE growth erage annua	2018–2035 I %)	
		Low	Central	High	Low	Central	High
Emergency department	Real	12	17	19	1	1	1
	Nominal	62	78	109	3	4	4
Outpatient department	Real	12	16	18	1	1	1
	Nominal	63	78	108	3	4	4
Day patients	Real	21	27	31	1	1	2
	Nominal	92	119	161	4	5	6
In-patients	Real	25	33	38	1	2	2
	Nominal	86	109	150	4	4	6
Psychiatric In-patients	Real	16	19	25	1	1	1
	Nominal	69	81	120	3	4	5

# DECOMPOSITION EXAMPLES – OUTPATIENT & IN-PATIENT

#### Outpatient

Non-pay other

Pav



Population age structure

In-patient



■ Non-pay other Ø Non-pay drugs ■ Pay □ Population age structure ■ Population growth



# DECOMPOSITION – DAY PATIENTS



■ Non-pay other Ø Non-pay drugs ■ Pay □ Population age structure\* ■ Population growth

# PROJECTIONS OF GROSS HOSPITAL EXPENDITURE

In nominal terms, we project gross expenditure requirements for public acute hospital care of between €10.8bn and €14.4bn by 2035, compared to expenditure of €5.9bn in 2018

- 82 to 143 per cent increase

	Nominal expenditure growth (average annual)				
2013-2018			4.5		
	Low	Central	High	Progress	Central – adjusted
2018-2025	3.3	4.1	5.3		
2026-2030	3.8	4.4	5.5		
2031-2035	3.8	4.3	5.4		
2018-2035	3.6	4.3	5.4		

# AGGREGATE EXPENDITURE GROWTH

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2031-2035	3.8	4.3	5.4	4.1	
2018-2035	3.6	4.3	5.4	4.1	

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2018-2025	3.3	4.1	5.3	4.5	6.0
2026-2030	3.8	4.4	5.5	4.2	4.4
2031-2035	3.8	4.3	5.4	4.1	4.3
2018-2035	3.6	4.3	5.4	4.1	5.1

# SUMMARY

- Public acute hospital expenditure in 2018 was €5.9bn
- This is projected to increase by
  - between 1.2 to 1.7% on average, per year in real terms to 2035
    - Driven by growing and ageing population
  - between 3.6 to 5.4% on average, per year in nominal terms to 2035
    - Driven by the increasing cost of care delivery, particularly pay
- Projected growth greatest for acute day patient and in-patient care
  - Older age profile, complexity adjustment, drugs

# POLICY IMPLICATIONS

- Significant investment in capacity and workforce (including resources to address unmet demand)
- Some acute care could be more appropriately delivered in the community and would be expenditure saving to the acute system (but in turn would require community investment)
- What role for productivity in offsetting some of the projected cost increases?
- Finally demographic change should be welcomed!
  - while additional resources will be required to finance care needs, sustainability should be viewed in the context of growing national income and tax base

# WHAT'S NEXT FOR HIPPOCRATES?

# **2021**

- Projections of private hospital expenditures to 2035
- Non-acute expenditure projections to 2035
- National and regional projected workforce requirements



#### A big thank you to our data providers!





# To ask a question Please use the Q&A function

